

STEM Night
"Breathe Easy Presentation"
March 15, 2016



Cecil College Nursing Honor Society students presented to 4th-6th graders on the danger of smoking and Tabaco products. Nursing students illustrated the effects of smoking on the lungs and other body systems. The elementary school children were able to listen to healthy lungs sounds vs. a smoker's lung on high fidelity manikins in the nursing lab.

“Dance Your Heart Out Event”
March 10, 2016



(This picture is from Christiana’s website)



Dance Your Heart Out, an annual event sponsored by Christiana Care Health System that combines screenings, education and lively dancing while raising awareness of women’s cardiovascular health. Cecil College Nursing Honor Society students participated in the registration and blood pressure screening process. More than 200 individuals received screenings for blood pressure, body mass index and body fat, diabetes and stroke risk. Over 500 participants, mostly women, received a heart-healthy workout and important information on cardiovascular health at the Chase Center on the Riverfront in Wilmington, Delaware.

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